A PROFILE OF
Family Medicine Academia
AT NORTH SHORE-LIJ HEALTH SYSTEM
Hofstra North Shore LIJ School of Medicine
GREETINGS FROM OUR
FAMILY MEDICINE LEADERSHIP

DR. TOCHI IROKU-MALIZE
Chair, Family Medicine

This is an exciting time for family medicine at both the North Shore–LIJ Health System (NSLIJHS) and the Hofstra North Shore–LIJ School of Medicine (SOM). The Department of Family Medicine was officially created within the Hofstra North Shore-LIJ School of Medicine in April of 2011. The mission statement of our department has been consistent with that of NSLIJHS which is to be a national health care leader, committed to excellence, compassion and improving the health of the community. We promote the vision of the SOM which aims to establish itself as a revered institution of higher medical education by becoming a premier educational center, redefining medical education, making positive changes at the school, NSLIJ and the community and improving the health of the region.

There are three family medicine residency programs (FMRPs) within our system. One located at both Glen Cove and Huntington Hospitals, the second at Plainview Hospital and the third at Southside Hospital. In total, we train about 70 residents each academic year. Each training program has their own unique history and contributes in a very significant way to our overall mission of excellence.

The executive committee, comprised of the leadership of the various departments of family medicine within the North Shore-LIJ Health System (NSLIJHS) hospitals, the family medicine residency programs, and other site representatives, has become the executive body for our department. Our department has been active over the past two years expanding on the academic division of our department: creating the family medicine interest group for the medical students, unifying curricular activities for the residency programs and developing continuous medical education programs for the attendings and faculty.

I am very pleased to have this opportunity to profile our three residency training programs for you in this alumni affairs feature of Family Medicine Academia at NSLIJ. As a graduate of the Southside Hospital FMRP, and the current program director, it has been amazing to see how over the years we have gotten even better at training tomorrow’s leaders in the field. I never thought as a resident that I would have the honor of addressing a community of alumni members as the Chair of the Family Medicine Department and I am overcome with nostalgia, pride and excitement.

I am eager to pick up where our dynamic mentors and past leaders have left off and continue to lead our newly created department into the future of a very changed world of healthcare. I am confident that together with our colleagues from across the various specialties, we can strategize and create innovative solutions to meet the challenges of the new healthcare environment. As an academic community, our preparedness for tomorrow begins in the undergraduate medical education arena, continues through the graduate medical education training programs and moves along the continuum via continuous medical education and life-long learning in which faculty and community physicians participate. This process cannot work without the strength of our residency training programs.

I am looking forward to working with our alumni affairs program to keep you up to date on the progress of our various programs and to inform you of events within the health system for alumni members.
Southside Hospital initiated its Family Medicine Residency in 1972. The program was initially led by Dr. Melville Rosen and Dr. Daniel Friedman and later led by Dr. Richard Bonanno who served as program director from 1979-2009. Since the program's initiation 4 decades ago, we've graduated more than 320 specialists and our alumni excel in various academic, administrative, clinical and research based positions nationally. About 33% of our graduates are practicing locally on Long Island.  

Our residency is one of five programs in New York State to have a voting chapter at the NYS Academy of Family Physicians. Our faculty and residents belong to various medical societies that promote the issues of family medicine.

In February, 2011 Southside Hospital became a tertiary care center, allowing our residents and faculty even greater exposure to a variety of complex issues. We place great emphasis on clinical skill and research. Family medicine residents learn new skills and practice new procedures in North Shore-LIJ's state-of-the-art Bioskills Education Center as well as our Simulation lab at the North Shore-LIJ Center for Learning and Innovation.

We pride ourselves on having a diverse faculty and residency program and on collaborating with our sister residency programs at Glen Cove Hospital and Plainview Community Hospital at Glen Cove. Since the first class graduated in 1976 over 250 physicians have become Family Physicians by training at Glen Cove.

Major changes in the program occurred with the acquisition of Glen Cove Hospital by North Shore University Hospital and the formation of the North Shore Health System in 1990. The residency program was then able to enjoy the resources of a highly acclaimed tertiary care medical center and thereby expand its educational horizons. As the System expanded and the Hofstra-North Shore-LIJ School of Medicine became Long Island's first new medical School in over 40 years, the metamorphosis from a small, community-based residency to a program with affiliations extending throughout the New York metropolitan area was complete. Almost!

We strive always to foster the development of each resident in their career, be it clinical, academic, administrative or research oriented. We want each person to succeed in their chosen career path and enjoy serving as the vehicle that transports them along on their journey into the world of family medicine.
The Glen Cove Family Medicine Residency trains young physicians for real world patient care in all settings. Our residents have gone on to chose careers in Hospital Medicine, Ambulatory Care, Urgent Care, Wound Care as well as in academic medicine. I am a graduate of the program myself and practiced locally in Long Island in both solo and small group independent practice which included obstetrics until becoming the Associate Program Director in 2004. We have residents located all over the United States from Florida to Texas to California and several in Canada. The training received here has allowed individuals to basically choose how they want to structure their career. At Glen Cove we have been designated as a Patient Centered Medical Home by the NCQA for the last year. We have embraced this practice model for our Ambulatory site to train residents in the newest care model. Family Medicine as a discipline has much to offer the young Hofstra students who we work with through the ICE curriculum. They get to see first-hand, the rewards of continuity of care for the patients seen by the family physician. This is truly what our country needs in order to develop the next generation of physicians who will be best positioned to care for our aging population.

Plainview Hospital Osteopathic Family Residency Program
DR. TARA ZAHTILA & DR. LAWRENCE CRAFA

The family medicine residency program at Plainview Hospital was founded twelve years ago by Gary K. Rachlin, D.O. As one of the earliest osteopathic residency programs in the North Shore LIJ Health System, the program was rooted in preventive care and the art of healing. Dr. Rachlin held dearly the sentiment of Dr. Francis Peabody’s lecture to the students at Harvard Medical School in 1927. “One of the essential qualities of the clinician is interest in humanity, for the secret of the care of the patient is in caring for the patient.” As a result, Dr. Rachlin was dedicated to creating a program with a profound commitment to patient-centered care. In November, 2012, the program suffered a tremendous loss in the sudden passing of Dr. Rachlin. He was a superior physician and exemplary mentor, beloved and appreciated by his patients, residents and colleagues. Having worked as Associate Program Directors under Dr. Rachlin’s leadership for several years, Lawrence Crafa, D.O. and Tara Zahtila, D.O., current Program Director and Director of Medical Education respectively, made a commitment to carrying out Dr. Rachlin’s mission.

The family medicine residents at Plainview are an essential part of the health care team, and as an unopposed residency, provide comprehensive and superior care to patients throughout the hospital. With compassion and enthusiasm, the program’s leadership and faculty are dedicated to the professional growth of the residents. The program’s goal is to provide residents with the knowledge and skills necessary to excel in patient care, preparing them not only for success, but leadership in their chosen fields. Residents work one-on-one with attending preceptors that are steadfast in their commitment to individual mentoring and resident advancement. In turn, residents serve as mentors to medical students and interns. Our program prides itself on being dynamic and responsive to the educational needs of our residents, maintaining an open door policy with staff available 24/7. Our didactic program is designed to further the residents’ medical knowledge, but also places emphasis on board examination preparation, professional growth, leadership development, medical/legal/ethical aspects of medicine, and practice management. Since the program’s inception, our residents have maintained a 100% passing rate on the Family Medicine Board Examination.
We believe that an understanding of community medicine and healthcare policy is inherent in a physician’s role as a community leader. In order to ensure that our residents are well-rounded and prepared to meet these challenges, we invite them to participate in community projects, and hold positions on various hospital committees. This gives our residents a unique advantage, early in their career, to have the opportunity to impact health care policy, administration, and community health services. Many of our graduates have opened private practices locally, joined established practices including the North Shore LIJ Medical Group, stayed on as hospitalists, and held academic and administrative positions within the Health System. Some of our most recent graduates have joined fellowship programs at Cleveland Clinic for palliative care and Washington University for geriatrics. Others have stayed on at Plainview for our Sports Medicine fellowship. 2013 Chief Resident, Christopher Robles, D.O., joined the program’s leadership team as Associate Program Director in July.

Carrying Dr. Rachlin’s lessons, we look forward to the continued growth of the program. We will be welcoming our largest class to date this year, and are excited about working in collaboration with the Glen Cove and Southside residency programs on educational and performance improvement initiatives.

Plainview Hospital Heart and Sole Run/Walk
Funds were raised in memory of the former Director of Medical Education, Dr. Gary Rachlin. The funds will be used to support family medicine research, scholarly activities and community outreach projects.
COMMUNITY OUTREACH

We continue to engage in a number of community outreach initiatives delivering care beyond the walls of the hospitals and clinics to individuals who live in various communities with a full range of needs. Whether those needs involve limited resources, insufficient access to healthcare, difficulty with navigation of the healthcare system, or a need for support and education, our physicians are committed to promoting health and empowering individuals. Our residents benefit from these experiences in that they gain experience in recognizing each individual within the context of their environment and are positioned to more accurately identify health care needs in their clinical and research endeavors.

Plainview Hospital residents present lectures at a local Bristol Assisted Living complex regarding brain health

Plainview Hospital residents attended a local VFW community fair promoting “Stroke Health Awareness”

Cub scouts who earned badges for participating in an educational wellness program conducted by the Glen Cove Hospital residents. Topics included “Bullying”, “Healthy Eating”, “The Dangers of Alcohol Consumption” and a presentation of the “Tar Wars”, an anti smoking production.

FAMILY MEDICINE
A global health initiative to promote culturally effective care of children and families from all cultural backgrounds and diverse communities.

Glen Cove Hospital annual basketball game against the Boys and Girls’ club. The team was coached by the health system’s chief medical officer Dr. David Battinelli and Dr. Bennet with Dr. Santhoosh Paulus serving as the team captain. They are pictured here with the team of attendings, residents, medical students and staff. The team pulled off an impressive 57-35 victory.

After Hurricane Sandy hit the tri-state area, the health system launched “Project Coastal Outreach”, a mobile van that provided free medical care and food to areas in need of assistance. Project Coastal Outreach began in November 2012. The project was later funded by the “Robin Hood Relief Fund” from February through July 2013. South Side Hospital physicians along with their colleagues volunteered their time to help.

Southside FMRP participating in NSLIJ Long Island Home, Project CARE

Tochi Iroku-Malize MD, in the Dominican Republic, August 2013

A global health initiative to promote culturally effective care of children and families from all cultural backgrounds and diverse communities.
Residents enter our Family Medicine training programs from top local, national and international medical schools. Many bring with them years of experience in practice and research from diverse communities located all around the globe.
OUR RESIDENTS
Southside Hospital

Catalina Aragon, MD  
Universidad del Valle, Colombia

Xuxia Chen, MD  
Fujian Medical University, China

Emmanuel Chukwu, MD  
St. George's University, Grenada

Janice Cristobal, MD  
University of the East Ramon Magsaysay Memorial Medical Center, Quezon City

Pratap C Das, MD  
Sir Salimullah Medical College & Mitford Hospital, Bangladesh

Stacy Emile, MD  
Ross University Medical School

Gianhna Gil, MD (Chief Resident)  
Universidad Iberoamericana (UNIBE), Dominican Republic

Jeremy Kass, MD  
Universidad Autonoma de Guadalajara

Matthew Tiffany, MD (Chief Resident)  
St. George's University, Grenada

Francisco Vera, MD  
Instituto Politecnico Nacional, Mexico

Huma Aslam, MD  
Bagai Medical College in Karachi, Pakistan

Zuhair Kabbara, MD  
Kaunas University of Medicine in Lithuania

Donald Leveille, MD  
Ross University School of Medicine

Heera Motwani, MD  
Dow Medical College; Pakistan

Fernando Padilla, MD  
Universidad Francisco Marroquin, Guatemala
OUR RESIDENTS
Southside Hospital

Pooja Paunikar, MD, MPH
American University of Antigua (AUA)

Claude-Murat Pluviose, MD
American University of Antigua (AUA)

Felix Ramirez, MD
Cuba

Tamas Ungar, MD
UAG School of Medicine, Mexico

Tania Velez, MD
Cartagena University, Colombia

Andrea Caraccioli, MD
Universidad Nacional Autonoma de Honduras

Karen deSouza Ferreira, MD
Universidad de San Martin de Porres, Peru

Virginia E. Gonzalez, MD
Ross University School of Medicine

Keasha Guerrier, MD
Latin American School of Medicine, Havana Cuba

Vinod Kumar, MD
Chandka Medical College, Pakistan

Sarabjit Lalri, MD
St. George's University, Grenada

Gbemisola Olorode, MD, MPH
University of Ibadan College of Medicine, Nigeria

Marco Perez, MD
Latin American School of Medicine, Havana Cuba

Kieran Py, MD
St. George's University, Grenada

Hovik Shilgevorkyan, MD
St. George's University, Grenada
OUR RESIDENTS
Glen Cove Hospital

Marisa Formica, MD
Ross University, Dominica

Vijaya Seepana, MD
Rangarava Medical College/Audhra University, India

Sandhya Nallu, MD
Siddhartha Medical College, India

Nikolay Teletan, MD
Ross University, Dominica

Mahesh Kumar, MD
Chandika Medical College, Pakistan

Tetyana Divinskiy, MD
Vinnica Medical University, Ukraine

Noah Canlas, MD
University of the Philippines

Purvi Patel, MD
American University of Antigua College of Medicine

Lisa Mamakos, MD
Ross University, Dominica

Carla Podurecki, MD
American University of Antigua College of Medicine

Monica Su, MD
Ross University, Dominica

Asfar Mushtaq, MD
St. Mathews University, Cayman Islands

Khawaja Siddique, MD
Allama Iqbal Medical College, Pakistan

Suneel Parvathareddy, MD
Ambedkar Medical College, India

Maayan Lieberman, MD
American University of Antigua College of Medicine

Nino Gelenidze, MD
Tbilisi State Medical Institute, Georgia

Kevin Reiter, MD
American University of Antigua College of Medicine

Aldo Alleva, MD
Ross University, Dominica

Deborah Rodes, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Apeksha Vachhani, MD
American University of Antigua College of Medicine

Jay Thakkar, MD
Pramukswami Medical College
OUR RESIDENTS
Plainview Hospital, Osteopathic Program

Elizabeth Anisis, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Karnika Kapoor, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Keefe Lobb, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Deborah Nunzito-Gobashy, DO
Lake Erie College of Osteopathic Medicine, PA

Miriam Riaz, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Hallie Zwibel, DO
Vinnica Medical University, Ukraine

Russell Camhi, DO
Arizona College of Osteopathic Medicine, NY

Gloria Ethier, DO
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Jennifer Kozhin-Revich, DO
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Deevya Narayanan, DO
New York Institute of Technology College of Osteopathic Medicine, NY

John Reyes, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Lisa Schoenberger, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Jessica Abruzzino, DO
Touro College of Osteopathic Medicine, NY

Christopher Awwad, DO
Lake Erie College of Osteopathic Medicine, PA

Antonio Costa, Jr., DO
Philadelphia College of Osteopathic Medicine, PA

Victoria Grasso, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Jonathan Lawless, DO
Lake Erie College of Osteopathic Medicine, PA

Yasmin Mohamed
New York Institute of Technology College of Osteopathic Medicine, NY

Amarjit Rai, DO
New York Institute of Technology College of Osteopathic Medicine, NY

Shelley Robeniol, DO
New York Institute of Technology College of Osteopathic Medicine, NY

FAMILY MEDICINE
WHAT THEY HAVE TO SAY

Matthew Tiffany, Chief Resident, Southside Hospital

Before residency I attended McGill University in Montreal Quebec. There I studied Anatomy and Cell Biology. After that I worked at various jobs that kept me moving, I was even lucky enough to work for National Geographic for a spell of about 8 months. I ended up getting back the desire to go back to school, applied and was accepted to St. George’s University in Grenada.

My training experience has been INTENSE but completely rewarding. I don’t think any program in the system prepares you quite the same way. A lot of work, but with it, a lot of invaluable experience.

My advice is this: be humble, have humility, and enjoy the ride.

I am moving back to Canada to work at a 50 bed hospital and practice ‘old school family medicine’. Run the clinic, run the floors, work the ER, deliver the babies!!! It’s gonna be GREAT!!

Vijaya Seepana, Chief Resident, Glen Cove Hospital

I am an international medical graduate and I completed my medical school training at Ranga Raya Medical school, Kakinada, India. I did an obgyn residency in India and I am board certified. I worked for University of the West Indies, Barbados for 2 years prior to joining the residency program. When I came here to interview, I liked the hospital and the environment.

Everyone here is friendly, it is like a big family and the training is good. I think our program should have special tracks like women’s health, sports medicine, and global health for residents who are really interested.

My plans are to be in an academic setting and to practice out-patient care with a special focus in women’s health at Syracuse.

I will be active in NYSAFP activities.
Keefe Lobb, Chief Resident, Plainview Hospital

I was in the Air Force for 8 years prior to medical school and I completed my undergraduate studies in biology at Stony Brook University. I attended medical school at NYCOM in Old Westbury. I chose NSLIJ due to it being a large hospital network which would allow me to have both support and also the ability to network during training. It has been very dynamic. My program has been changing for the better since I began. There have been some great program additions and new rotations.
I believe in working hard and playing hard.
I plan to do outpatient adult medicine in VA after graduation.

Marisa Formica, Chief Resident 
Glen Cove Hospital

Prior to residency training I attended Penn State College where I majored in biology with an Italian minor and was a member of the figure skating team (I competed on an intercollegiate level), I’ve played piano since age of 8, was active in various school sporting events and did prior research for 2 years in population genetics (I discovered a new species!).

I graduated from Ross University prior to joining the Glen Cove Family Medicine Residency program.

NSLIJHS is a great health system with excellent teaching and clinical opportunities. I found that residency was a lot of hard work and a commitment but I had amazing coworkers, excellent faculty members and mentors to make my experience unforgettable and highly rewarding.
My advice: “Use your instincts and trust your knowledge, listen to your seniors, stay happy, and do what you love”.
I’ll be going on to do a Sports Medicine fellowship at LSU after graduation.
Nick Teletan, Resident Representative  
Resident Fellow Forum  
North Shore- LIJ Health System

I was originally born in the Ukraine, and moved to the USA at the age of 12 with my parents and 9 siblings. I grew up in the Sacramento, CA area. I completed my undergraduate studies at UC Davis in Neurobiology, Physiology and Behavior. I then received an M.D. from Ross University School of Medicine.

After medical school I received certification in Healthcare Management and Leadership from UCLA School of Public Health. I then went on to do research as a Research Scientist-phenotypist at the Translational Medicine, Inflammatory Bowel and Immunobiology Research Institute at Cedars-Sinai Medical Center.

NSLIJ is a great health system with an abundance of opportunities in every aspect of medical training. We have excellent teaching and great support of education from the leadership.

I was very fortunate in my training at Glen Cove Hospital to have amazing co workers. The program leadership was always very supportive of our education. I had an opportunity to be involved in many resident leadership activities only because I had support and guidance from my program directors, department chairs and the Office of Academic Affairs.

The work is hard and requires commitment but this experience has been unforgettable and rewarding. Being a successful physician definitely requires you to be a team player.

I am confident that the current efforts of having a system based approach to education and increasing educational cooperation between different specialties will make our training stronger.

After graduation, I would like to work where there is an opportunity to lead a team of professionals to provide exceptional and individualized care to patients.

My hopes are to have at least part of my career in an academic setting.
ACADEMIC DAY 2013

Academic Day brings the entire department together for a day designed to afford students, residents and faculty members an opportunity to retreat for a while and focus on all things based in academia.

The Huntington and Glen Cove Family Medicine Residency Program hosted the 2013-2014 Academic Day

Highlights of the day:
- The curriculum was led by Dr. Scott Gross and Dr. Tochi Iroku-Malize
- The faculty and residents showcased a superior collection of abstracts, posters and publications which spoke to the quality of research being conducted across the 3 programs.
WHEN & HOW WE COME TOGETHER

The Department of Family Medicine is a cohesive group of individuals who come together at events that take place in a variety of professional, educational and social settings. We are in touch with many of our alumni members who join us at these events but our goal is to keep everyone in touch through our new alumni efforts.

We come together at Departmental GALA’s and Celebratory Events:
We advocate for change side by side……..

Family Medicine Staff Members lobby on issues related to healthcare access, women's healthcare issues, patient education, public health & safety issues, the need for growth of family medicine practices in NYS and many other issues related to issues affecting our profession and our patients.

We are family!
OUR CURRICULUM

Our overall goal is to provide training across the lifespan, in both the inpatient and outpatient setting. Our clinical rotations over the course of a 3 year training period, include both in and outpatient rotations in Adult Medicine and Pediatrics as well as time spent in Emergency Medicine, Surgery, OBGYN, ENT, Dermatology, Urology, Ophthalmology, Community Medicine, Geriatrics & Palliative Care Medicine, in Orthopaedics, Sports Medicine among other specialties. We have added a number of elective rotations for our residents including experiences in the Dominican Republic and Haiti.

Our program provides training along the following specialty tracks:

1. Women’s Health
2. Clinical Informatics
3. Global Health, in partnership with the Department of Pediatrics
4. Leadership and Advocacy
5. A Behavioral Science Track
6. A Research Track

Residents additionally participate in a number of innovative curricula activities to further enrich their educational experience. These include professional development courses, board preparation courses, procedural skills workshops and our weekly team based learning and simulation course held at the health systems Center for Learning and Innovation. Students, residents and faculty members also participate in a number of local and national educational activities and collaborate with colleagues across departments and throughout the health system.

Educational Event Photos:
Southside Hospital Family Medicine Residents at a Class Lecture which included a triple baby shower for 3 residents.

Research Lecture at Plainview Family Medicine Resident Program.

Quarterly OSCE Sessions.

Team-Based Learning & Simulation in Medical Education:
Promoting Patient Safety

Tochi Iroku-Malize MD, MPH, SFHM    Michael Delman MD, FACP

Background
The Family Medicine Residency Program & Academic Hospitalist Program at Southside Hospital NSLIJHS has been using simulation to train residents, medical students and faculty for several years. We have recently incorporated the use of Team Based Learning (TBL) in our simulation sessions. This combination has provided a tool for education in teamwork and patient safety while incorporating the six ACGME competencies.

Description
The course consists of:
• a pre-class reading of a topic,
• an individual readiness assurance test (IRAT) when they come to class
• followed by a group readiness assurance test (GRAT).
The TBL activity is then facilitated after which the teams take turns applying their knowledge in the simulation scenario (patient interaction).

Upon completion of the scenarios, the teams reconvene for debriefing, reflection (they watch themselves from the video) and further discussion of the topic.

Objectives:
Patient safety initiatives via Simulation
1. Introduce oneself to the patient
   Making sure that patients are aware of the members of their health care team for better flow of information.
2. Identification of the patient via two forms of ID
   To reduce medical error, it is important to properly identify the patient being treated.
3. Washing hands before and after patient encounter
   Improved adherence to hand hygiene (i.e. hand washing or use of alcohol-based hand rubs) has been shown to terminate outbreaks in health care facilities, to reduce transmission of antimicrobial resistant organisms and reduce overall infection rates.
4. Encourage patient’s active involvement in their care via communication with patient and/or family members
   When the patient knows what to expect, he or she is more aware of possible errors and choices. They can also be an important source of information about potential adverse events and hazardous conditions.

Evaluation
Over 100 residents and students participated. A Classroom Engagement Survey was distributed to the participants with four subscales:
Learner Participation, Learner Enjoyment of Class, Patient Safety Elements and Team Work Awareness.
Anecdotally, the preliminary evaluations from the participants in the simulation combined with TBL sessions have been more positive than those of simulation alone. Adding the TBL portion to the simulation sessions helped to improve the RATS.

The foregoing data demonstrates that simulation use in graduate medical education is a useful tool for enhancing medical training. The data shows that the level of proficiency with regards to the 6 competencies improved after participation in the simulation sessions.

Conclusions

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safety while incorporating the six
ACGME competencies.
Bioskills Family Medicine Procedure Workshop -
Class Curriculum Outline
[Curriculum Design by Tochi Iroku-Malize MD, MPH]

Course Name:
Family Medicine Procedure Workshop
Setting: Patient Encounter

Core Instructors:
Fred Caston MD, Michael Delman MD, Ghena Grinshpun DO, Tochi Iroku-Malize MD, Chris Magnifico MD, Neubert Philippe MD, Mayur Rali MD, Maria Vesey MD

Instructors:
DOFM Faculty from NSLIJHS sites

Course Description:
The course consists of the following:

- Learners access their pre-work on the Wiki in advance of procedure session date.
  - procedure article, video, consent forms
- Learners arrive at the procedure lab and take a 10 minute, 10 question Individual Readiness Assessment Test (IRAT) before the session begins.
- An interactive case study is done based on the procedure of the day.
  - Review and discuss history, physical, labs and radiology
  - Obtain Consent
  - View demonstrated procedure (live or video)
  - Review management of procedural complications
- Learners perform the procedure on tissue samples
- Debrief on the procedure, billing/coding process
- Review of the IRAT answers and session evaluation

The participants learn the process of evaluating a patient that requires a procedure. This includes the utilization of the six competencies as recommended by the ACGME while incorporating basic principles of patient safety. It ensures that there is active learning by the participants via the utilization of the IRAT. The participants also learn the basic skills needed to work in a team setting (incorporating tools from TeamSTEPPS) as the patient is part of the team throughout the process.
Rationale
Many physicians are conversant with the clinical aspect of managing a patient. However, with improved medical management of diseases, physicians have started to lose the art of medicine which requires effectively communicating with the patient to obtain a proper history, performing a full physical exam and explaining to the patient all that is being done to them while involving the patient in their care.

The course is intended to evaluate how the learner interacts with a patient who requires a procedure. They have to work effectively within a team, apply critical thinking to the management of the medical issues as they arise all within the realm of patient safety.

Objectives
1. Perform an appropriate history and physical
2. Utilize the information from the H&P, labs, and radiological data to create appropriate differential diagnoses.
3. Apply appropriate communication skills to obtain consent
   a. Reasons for procedure
   b. Description of procedure
   c. Risks and benefits of procedure
   d. Alternative to procedure
   e. Possible outcomes without procedure
4. Identify the appropriate instruments for the procedure
5. Prepare the patient’s body part for the procedure
6. Utilize appropriate communication with team during the procedure
7. Recognize and manage complications from the procedure.

Competencies
1. Utilization of the basic patient safety initiatives when in contact with a patient:
   • Introduce self
   • Wash hands before and after exam
   • ID patient
   • Problem focused History and Physical
   • Acute management of ongoing issues as they arise
   • Ongoing communication with patient +/- family regarding management
2. Applying the 6 ACGME competencies when managing a patient
   • Patient care
   • Medical Knowledge
   • Practice Based Learning and Improvement
   • Interpersonal Communication
   • Professionalism
   • System Based Practice
3. Demonstrating the skills needed to work effectively as a team (TeamSTEPPS)
   • Leadership
   • Situation Monitoring
   • Mutual Support
   • Communication
**SOME OF OUR DISTINGUISHED GRADUATES**

There are so many accomplished individuals who have completed training in our Family Medicine Residency Training Programs. Included here is an update on some of these alumni members:

**Dr. William Bennett** is a 1978 graduate of the Glen Cove Family Medicine Residency Program who has been since active in clinical practice and academics within the health system. He is currently the program director of the residency program at Glen Cove and has held this role since 2000. In 2012 he was named Family Medicine Educator of the Year by the New York State Academy of Family Physicians (NYSAFP). Dr. Bennett is also a founder of the Department of Family Medicine at the Hofstra North Shore- LIJ School of Medicine.

**Dr. Marion Bobb-McCoy** is a 1994 graduate of the Southside Family Medicine Residency Program. After graduation she spent 16 years at Montefiore Medical Center Fordham Family Practice serving the Bronx Community. She also served as Medical Director for the clinic for 5 years and was an Assistant Professor of Medicine at Albert Einstein College of Medicine. Dr. Bobb-McCoy then continued on in clinical work in Hackensack, New Jersey and New York City.

**Dr. Richard Bonanno** is a 1975 graduate of the Southside Family Medicine Residency Program. He served as the residency program director at Southside Hospital from 1979-2009 and in fact is the longest sitting program director in Family Medicine in the United States. Dr. Bonanno has also served as a Board member and Past President of the New York State Academy of Family Physicians. He has received numerous awards over the years including Family Physician of the Year in the State of New York in 2004 and the Gold Award from the Association of Family Medicine Residency Directors in 2009. He has extensive clinical, educational, and leadership experience and was a founder of the Department of Family Medicine at the Hofstra North Shore- LIJ School of Medicine. He is currently an ICE director at the school of medicine as well.

**Dr. George Dunn** graduated from the Glen Cove Family Medicine Residency Program in 1980. He is currently retired but most recently served as the SVP of Medical Affairs at Glen Cove Hospital. He spent many years in clinical practice in Oyster Bay and Glen Cove. Dr. Dunn also served as past president of NYSAFP and was also a past Chairman of Family Medicine and Program Director at Glen Cove Hospital. Dr. Dunn is a founder of the Department of Family Medicine at the Hofstra North Shore- LIJ School of Medicine.
Dr. Raymond Ebarb is a 1987 graduate of the Southside Family Medicine Residency Program and is the current president of NYSAFP. Dr. Ebarb is currently practicing Family Medicine in West Sayville, NY and his clinical interests include Geriatrics, Diabetic Nerve Pain and Preventive Medicine.

Dr. Francis Faustino is a 2005 graduate of the Glen Cove Family Medicine Residency Program. He served as Chief Resident during his residency at Glen Cove and is currently serving as the Chair of Family Medicine at Winthrop-University Hospital.

Dr. Maury Greenberg is a 1985 graduate of the Southside Family Medicine Residency Program who is currently practicing in East Hampton NY. After graduation, Dr. Greenberg had subsequent education and training at the International Society of Travel Medicine, the Federal Aviation Administration, The US Department of Homeland Security and the US Department of Transportation. He is a consultant to the US Federal Government.

Dr. Scott Gross is a 1990 graduate of the Southside Family Medicine Residency Program. Among other honors, he is designated as a Fellow of the American Academy of Family Practice and is a recipient of the AMA Physicians Recognition Award. Dr. Gross is currently serving as the Chair of Family Medicine at Huntington Hospital. He is also appointed as a Clinical Assistant Professor of Family Medicine & Orthopaedics at the Stony Brook University School of Medicine.
**Dr. Tochi Iroku-Malize** is a **2002** graduate of the Southside Family Medicine Residency Program. She is the current Chair of the Family Medicine Department at the Hofstra North Shore- LIJ School of Medicine and is also a founder of this recently established department. Upon completion of residency training, she obtained an MPH degree from Columbia University in Health Policy and Management. Dr. Iroku- Malize was also a member of the inaugural class of Fellows of Hospital Medicine within the Society of Hospital Medicine. She has served as Associate Program Director and Program Director of the residency training program at Southside Hospital and is currently Vice President of NYSAFP and chair of the subcommittee of AAFP COCPD. Dr. Iroku- Malize is, in addition to Family Medicine, board certified in Hospice and Palliative Medicine.

**Dr. Barbara Keber** is a **1985** graduate of the Glen Cove Family Medicine Residency Program and has been active in clinical practice and teaching since that time. She is currently serving as the Department Chair of Family Medicine at Glen Cove Hospital and is Vice Chair of the Department of Family Medicine at the Hofstra North Shore- LIJ School of Medicine. Dr. Keber was named Physician of the Year by the Metropolitan New York Association of Diabetes Educators in 2012, and received a Certificate of Appreciation from the Diabetes Research Institute Foundation in 2013.

**Dr. Marianne La Barbera** is a **1989** graduate of the Glen Cove Family Medicine Residency Program who is currently practicing general Family Medicine in Staten Island. Dr. La Barbera also served as past president of NYSAFP.

**Dr. Alan Nelson** is a **1976** graduate of the Glen Cove Family Medicine Residency Program and a member of the first graduation class there. He had served as Chief Resident during his training. Dr. Nelson is currently active in clinical practice in East Norwich. He is a senior member of the Department of Family Medicine, past president of Nassau Academy of Family Physicians and currently serves as Treasurer of this organization.

**Dr. Santosh Paulus** is a **2005** graduate of the Glen Cove Family Medicine Residency Program. He is currently a physician in Out Patient Family Practice at Glen Cove and is the Associate Program Director of the residency program there. He continues to dedicate his time and talents to help those who are members of vulnerable communities change their lives, as evidenced by his involvement with two charities that are dear to him; World Vision and the NOMI network. World Vision is a reputable longstanding organization that assists in areas of poverty here in the US and around the world. They focus on access to clean water, medical attention, education, food and agriculture, economic development, etc. Nomi Network is a nonprofit organization based in New York City that aims to create economic opportunities for survivors and women at risk of human trafficking. They are dedicated to breaking the cycle of poverty that perpetuates human trafficking globally. Dr. Paulus is looking to raise awareness and funds to help these 2 organizations and in this effort he is organizing a team that will cycle 3,200 miles from Seattle to NYC. The goal is to get people to hear their message. In all this will involve 26 days of cycling over 30 days in July 2015!
Dr. Christopher Robles, DO is a 2013 graduate of the Plainview Hospital Family Medicine Residency Program. He served as Chief Resident during the 2012-2013 academic year and upon completion of his residency training, was appointed Associate Program Director of the Family Medicine Residency. At graduation, he received the Gary Rachlin Memorial Award, the Miriam Dauer Humanitarian Award, and Resident of the Year award. He is currently practicing at the continuity of care clinic in Bethpage, as well as working as a hospitalist at Plainview Hospital.

Dr. Elizabeth Werns graduated from the Glen Cove Family Medicine Residency Program in 2002. Prior to her physician training she was an officer with the NYPD and also was a registered nurse. Upon completion of her residency training, she joined the faculty at Glen Cove. Dr. Werns later became a flight surgeon with the United States Army and has completed several tours of duty in Iran, Iraq, Kuwait and Kosovo.

Dr. Marshall Willis graduated from the Glen Cove Family Medicine Residency Program in 1980. During his residency he served as Chief Resident. Dr. Willis is currently active in clinical practice and teaching in Utah and was once awarded the “Family Physician of the Year” award there. He is a flight surgeon for the United States Army.

Dr. Tara Zahtila is a 2009 graduate of the Plainview Hospital Family Medicine Residency Program. She served as Associate Program Director of the Plainview program through 2012 and has since been the Program Director of the Internship and Director of Medical Education. Dr. Zahtila is the Physician Unit Leader for the quality management department on one of the medical/surgical units at Plainview Hospital. She maintains a practice on campus as well. In 2012, Dr. Zahtila received North Shore LIJ’s Teacher of the Year award and served on the Health System’s Patients’ Rights Taskforce. She was also a member of the health system’s inaugural class of the Physician High Potentials Program. This program is designed to facilitate physicians with exceptionally strong clinical and leadership skills emerge into leadership roles.
FACULTY AND RESIDENT RESEARCH PUBLICATIONS, POSTERS, AND PRESENTATIONS
2011-2014


Chan, A, Rali, M & Iroku-Malize, T. Diabetes and smoking: A deadly combination. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.


Chukwu E & Rali M. Adolescent Well Visit Adequacy. Poster Presented at Society of Teachers of Family Medicine Annual Spring Conference; May 2013; Baltimore, MD.


Cristobal J, Rali M. Adequacy of LDL goal in diabetic patients. Poster Presentation at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.

De Castro, D; Rali, M. Adequacy of Follow-Up and Management of Atrial Fibrillation at the Continuity Clinic. Poster Presented at Society of Teachers of Family Medicine Annual Spring Conference; May 2013; Baltimore, MD.

Diago J, Ordonez A, Gomez F, Magnifico C & Iroku-Malize T. Compliance with diabetic guidelines at the FMRP FHC study from 2009 to 2011. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.


Grissom M. Assessing the stressors, needs, and coping methods of family residents. Poster Presented at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.


Grissom M, Gomez F, Aragon C, Ungar T, Lalri S. Examining The Relationship Between Congestive Heart Failure (CHF) And Depression. Poster Presented at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.


Iroku-Malize T. Small practice big practice – How teamwork can translate into better care: Using TeamSTEPPS to manage diabetes; Webinar for NYS Diabetes Campaign, NYS Health Foundation; Mar 2011.

Iroku-Malize T, Bennett W, Keber B. Maintaining an FM curriculum in the midst of hospital changes. Workshop Presented at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.


Iroku-Malize T & Kailash K. Interdisciplinary hospice and palliative care in medical education: Starting all over. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.

Iroku-Malize T, Kirsch S & Philippe N. Competency of the month: Incorporating ACGME competencies in residency programs. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.

Iroku-Malize T & Philippe N. Computerized bedside rounds: Using tablets to bring Osler back to medical training. Oral Presentation at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.


Iroku-Malize T, Philippe N, Uwemedimo O. Developing an interdepartmental global health track. Workshop Presented at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.


Kailash K & Iroku-Malize T. EKG readings: Man versus machine. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.

Kirsch S. Competency of the Month – Incorporating ACGME Competencies in Residency Programs. Poster Presentation at the Association of Family Medicine Residency Directors; June 2011; Kansas City, MO.

Kirsch S & Iroku-Malize T. Competency of the Month – Incorporating ACGME Competencies in Residency Programs. Oral Presentation at the World Conference of Family Doctors (WONCA) Sept 2011; Europe, Poland.


Magnifico C, Diago J, & Ordonez A. Diabetes management in a family medicine clinic. Oral Presentation at the Scientific Assembly NYSAFP; Jan 2011; Lake Placid, NY.

Malaka D & Rali M. Prolonged use of metformin and its association with vitamin B-12 deficiency. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.


Mistry S & Rali M. Polypharmacy in geriatric patients. Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.


Motwani H, Rali M. Ophthalmology Referral And Follow Up In Diabetic Patients Poster Presentation at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.

Oluwabusi T, Iroku-Malize T, Philippe N, Fapohunda O & Loukanova V. Stethoscopes: Clinician’s gift to patients. Poster presented at the Society of Teachers of Family Medicine (STFM) Annual Spring Conference; April 2011; Seattle, WA.
Orue V & Rali M. Abnormal Pap Smears and Their Follow Up” Poster Presented at STFM 2013 Annual Spring Conference; May 2013; Baltimore, USA


Philippe N. Competency of the Month – Incorporating ACGME competencies in residency programs. Poster Presentation at the ACGME Annual Educational Conference; Mar 2011; Nashville TN.

Rali, M. Milestones Precepting: 1/2/5, an innovative precepting model. Oral Presentation. WONCA 2013, Prague
Rali M. Team based home visits. Oral Presentation at WONCA; Sept 2011; Europe, Poland.

Rali M. Team based home visits – Revamping the little black bag in residency education. Poster Presentation at ACGME Annual Educational Conference; Mar 2011; Nashville TN.


Robinson, G & Iroku-Malize, T. Diagnosing sepsis: Can physicians agree? Poster presented at the Society of Teachers of Family Medicine Annual Spring Conference; April 2012; Seattle, WA.


Vera F, Rali M. Correlation between clinical and histopathological diagnosis of skin lesions in a primary care setting. Poster Presentation at Society of Teachers of Family Medicine, Annual Conference. May 2014, San Antonio, TX.

Vesey MR. Team based learning and simulation in medical education. Workshop at the Association of Family Medicine Residency Directors; June 2011; Kansas City, MO.

PGY 2&3 Scholarly Activity Projects:
“Complimentary Medicine Barriers” – Sulashna Dharmija
“Role of new Anticoagulants” – Rubindeep Powar
“Basal Insulin Coverage for Steroid Induced Hypergycemia” – Joseph Weber – Lopez
“Does Coffee have effect on Mortality?” – Tanya Nanyakkara-Halper
“Green Tea Effects on Cardiovascular Disease” – Stephanie Shao
“Asprin for Primary Prevention” – Nfn Ravi
“Non Invasive Treatment of Varicosities” – Tetanya Divinskiy
“How to Manage/Prevent Delerium in the Hospitalized Patient” – Marisa Formica
“What are the indications for triple antiocoagulant therapy” – Mahesh Kumar
“Cost Effective Primary Preventative Medicine “– Sandhya Nallu and Vijaya Seepana
“Effective treatment Modalities for Hiccups” – Nikolay Teleten
Faculty Research and Scholarly Activities:

William J. Bennett M.D. Program Director
1) “2012 New York State Family Practice Educator of the Year”, New York State Academy of Family Physicians.
2) “Chronic Renal Disease and Hyperlipidemia”, SUNY Downstate Regional Family Medicine Conference, April 21, 2012.
3) Editorial “Two Views” Journal of the New York State Academy of Family Physicians, Jan 2013
4) LCME Curriculum Committee- formulated the Family Medicine Curriculum for the newly accredited Hofstra/North Shore-LIJ School of Medicine. 2011.

Barbara Keber M.D. Associate Program Director
1. “Simulation and Team Based Learning” Academic Day, Hofstra/North Shore LIJ School of Medicine April 10, 2010
2. “Treatment of Type II Diabetes” Webinar NYSAFP & HANYS April 18, 2011
3. “SAM Study Group Cerebrovascular Disease” Regional Scientific Assembly NYSAFP
5. Asthma SAM Work group Winter Weekend 2013 NYSAFP Scientific Assembly Barbara Keber MD, FAAFP
6. Integrating Incretin-Based Therapy into Type 2 Diabetes Management- Winter Weekend Scientific Assembly NYSAFP Barbara Keber MD, FAAFP
9. Poster presentation Patient Centered Care- NSLIJ Health System, Patient Centered Care Poster Presentation “Technology Enhances Patient Centered Care” Barbara Keber MD, FAAFP, Mary Mansfield RN, MSN
10. SAM Well Child Work Group Annual Scientific Assembly NYSAFP 1/23/14 Barbara Keber MD, FAAFP, Andrew Merritt MD, FAAFP
11. Endocrine Update- Interesting Cases in Endocrinology- Annual Scientific Assembly NYSAFP 1/24/14 Barbara Keber MD, FAAFP,

Anthony Caporaso M.D.
1. “Management of Nonspecific Low Back Pain” Poster presentation Hofstra/ North Shore LIJ School of Medicine 5/17 2012 A.Caporaso, S.Dhamija
2. “Resident as Teacher” A Caporaso, A.Fornari Hofstra/North Shore –LIJ School of Medicine 10/6/11

Jana Galan M.D.
“A Case of Lesch-Nyhan Syndrome in a 41 Year old Male with Pneumonia” 2012 American Academy of Pediatrics National Conference and Exhibition

Santhosh Paulus
“Psychological Safety in Teaching Residents and Medical Students” S. Paulus, R. Vickers Family Medicine Academic Day, Hofstra/ North Shore LIJ School of Medicine May 2010

“SAM Presenter Congestive Heart Failure, NYS Academy of Family Physicians, NOV 2011

Author - Karnika Kapoor, D.O. North Shore LIJ Plainview Hospital, Family Practice Department OGME-3, Plainview, NY 11803
Additional Authors: Alexander Shalshin, MD; Bruce Kappel, MD
Title – An Avid Bodybuilder Presents with Life Threatening Diagnosis

Author- Hallie Zwibel, D.O. North Shore LIJ Plainview Hospital, Family Practice Department OGME-3, Plainview, NY 11803
Title- Adolescent Health: Examining the Effect of the Abstinence Education Reallocation Act of 2013 S.13/H.R.718 on Adolescent Pregnancy and Sexually Transmitted Infections.